# Workshop on Attachment: Families & Relationships

#### IN COLLABORATION WITH IAN UK



### **Delivery mode:**

In-person training workshop

#### Date & time:

29, 30 and 31st of March 10:30 AM- 6:30 PM

#### Venue:

Ashirvad Centre, St. Mark's Road Bangalore

## Who is it for?

(Limited seats available)

Practicing psychologists, psychiatrists, academicians, Mental health professionals and PG psychology students

(Lunch and tea will be provided.)



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### We will cover:

- Clinical applications of the Adult Attachment Interview (AAI)
- Attachment and Interfamily Therapy
- Attachment and Sexuality

## **Speakers:**

- Dr Mario Marrone (UK & Spain)
- Dr. Javier Sempere (Spain)
- Claudio Fuenzalida (Spain)
- Princy Jain (India)





# **Fee Structure**

| IAN Indian Members   | INR 5500 |
|--|----------|
| Early Bird Registration for Non-<br>Members (until 29th of February<br>midnight) | INR 6500 |
| Full Fees for Non-IAN Members<br>(1st March onwards)                             | INR 7000 |
| Students   | INR 5000 |
| Scholarship: 2 seats (Subject to application selection)                          | INR 3000 |

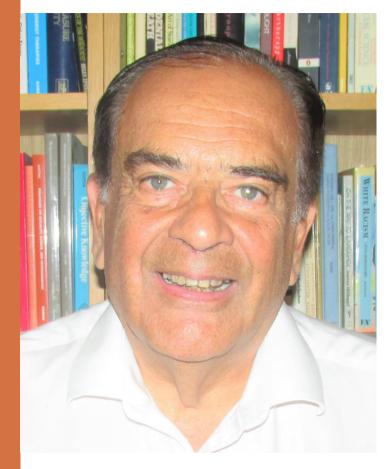
Limited seats; Registration will be closed once seats get filled.

An e-certificate will be provided to attendees at the end of the workshop.

# Why choose this workshop:

- Get introduced to the essence of attachment theory and its implication in families and relationships.
- Understanding attachment patterns is crucial for psychologists working with individuals of all ages, given their significant impact on emotional and psychological well-being.
- Understand how attachment patterns affect various life stages, including adult relationships and sexuality.
- Explore the **role of families and communities** in relation to attachment work.
- Learn how to assess and interpret attachment styles using tools like the Adult Attachment Interview (AAI.)
- Effectively apply an attachment informed lens to better conceptualise and tailor interventions.
- Integrating attachment theory into existing therapeutic approaches for a more comprehensive therapeutic approach.
- Practicing **self-awareness and reflexivity** regarding one's own attachment patterns and biases in therapeutic work.

# Introducing our speakers



Dr. Mario Marrone

Originally from Italy, he earned his medical degree in Argentina before moving to London for further training. Dr. Marrone practiced psychiatry near London for 23 years while also working clinically in Italy and Spain. Proficient in English, Italian, and Spanish, he has close ties to the Centre for Interfamily Therapy in Elche, Spain. Marrone received supervision from John Bowlby at the Tavistock Clinic in London for a decade. He has books in authored edited multiple languages, and lectured internationally, and is a member of the British Psychoanalytical Society. He founded the International Attachment Network and co-founded the journal "Attachment and Human Development".



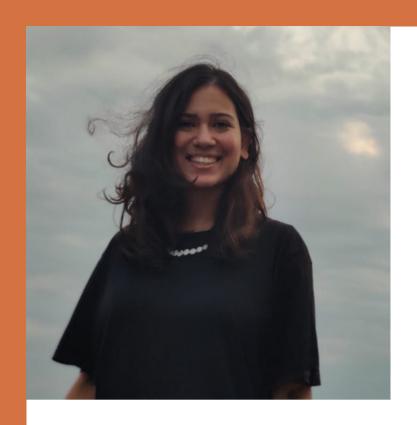
#### **Dr. Javier Sempere**

A Psychiatrist, Psychotherapist and a group analyst supervisor bringing in an extensive experience from hospitals and mental health centers in Madrid, Barcelona, and Alicante, Spain. He is group therapist supervisor across institutions in Spain, Latin America, and Europe, currently directing the Center for Interfamily Therapy (CTI) in Elche, Alicante. He also serves as an assistant psychiatrist in the Public Mental Health Services in Valencia. Sempere introduced interfamiliar therapy, a dialogical-based multifamily approach, and authored "Multifamily Therapies" (Editorial Psimática, 2017), alongside numerous articles and book chapters. He plays an active role in university postgraduate programs and coordinates the University Expert Course in Multifamily Interventions at Lasalle University in Madrid, Barcelona, and Valencia.



#### Dr. Claudio Fuenzalida

He is a psychologist specializing in group interventions, with degrees from universities including University of Otago (New Zealand), University of Potsdam (Germany), University of Milan (Italy) and University of Joensuu (Finland). Since 2010, he has been active in the Interfamily Therapy Center (CTI) in Elche, Spain, focusing on clinical applications based on Attachment Theory. Fuenzalida coordinates postgraduate courses on Multifamily Therapy at Lasalle University and supervises programs in health and social institutions across Madrid, Barcelona, and Alicante. Additionally, he oversees European projects related to community and family resources and manages a unit for adolescents and families with psychological issues. His publications include articles, book chapters, and a doctoral thesis on Interfamily Therapy models.



## **Princy Jain**

She is a practicing individual and group psychotherapist with a background in HR and education. Armed with a Master's degree in Counseling, she specializes in systemic family constellation work, attachment-informed therapy, and Mentalization-based Therapy. Princy is also trained in queer affirmative practice through Mariwala Health Initiative. She is also part of the group analysis cohort in India. Her approach is eclectic, with a psychodynamic lens. She conducts group therapy sessions and has served as a guest faculty at institutions such as St. Joseph's College, Montfort College, and the Spastics Society of India. Additionally, she organizes and facilitates training workshops for educational and corporate organizations.